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RENEW YEAR 20

HEALTH & BEAUTY SPECIAL!

Best Detox for Your Bod
to Play: 3 Super New Spas!
Trendy Treatments for '10
icks & Tips From the Pros
Glow Girl! Facials We Fancy

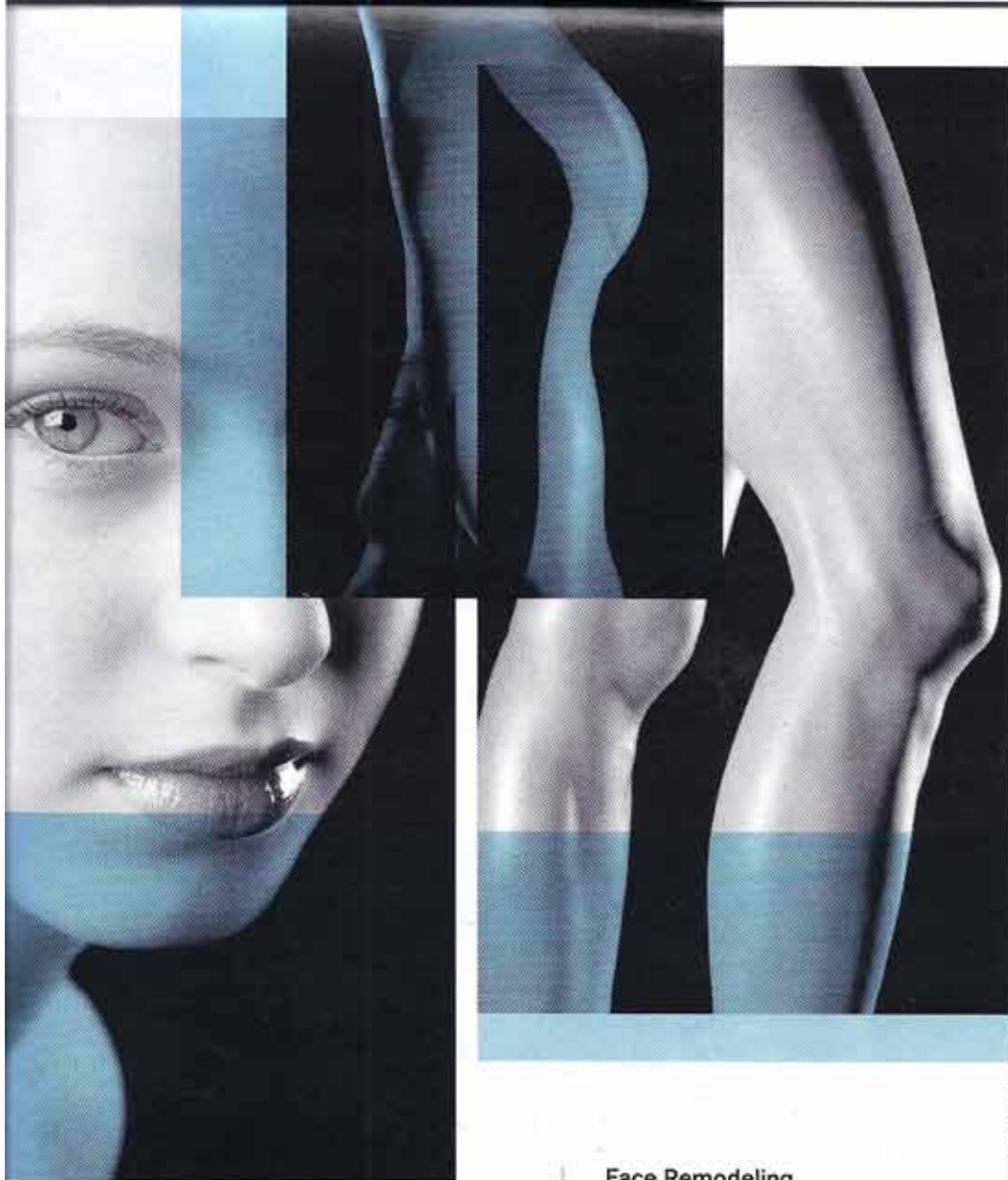
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*Meet Chicago's New Iron
Tracy Letts Spills His Se
The Black Duck Turns I
Local Gossip Girls (And
& all THE BEST BASH*



Ten for '10

Obsessed with the latest beauty tricks, tips and trends? Our editors try the 10 most innovative new treatments and tools for the New Year

| By the Editors | Photography by Steven Moeder |

Face Remodeling

Leah Chavie has scored a major beauty coup with her purchase of the city's first Remodeling Face Machine. Created by Biologique Recherche—whose products are only available in New York, Paris, Moscow and now Chicago—the machine uses bio-electrotherapy for tailored beauty treatments. Chavie's 60-minute treatment starts out like a typical facial (with all BR products, of course), then turns more medical when she switches on the machine and starts toning and tightening your face. With three types of currents for facial building—Galvanic current that improves absorption; low and medium frequency that reshapes and tones; and athermic-pulsed high frequency that revitalizes—her treatment is both a luxurious facial *and* a toning face workout. It's no wonder celebs like Jennifer Connelly and Kyra Sedgwick are fans. \$300 at Salon Duo Med Spa, 1400 N. Lakeshore Dr., leahchavie.com.

Clarisonic Manicure

Nail "polish" has a whole new meaning at the Spa at Four Seasons Hotel Chicago. Its nail salon has one-upped the competition since adding a Clarisonic PRO spin-brush element to its signature manicure. Once you've picked your color (try Spa Ritual's "I Feel the Earth Move"), hand over your winter-weary paws for a treat: Subbed in for one of those mini hand massages that are a dime a dozen at chop shops around town, the Clarisonic brush uses a patented sonic frequency of more than 300 movements per second to clean, soften and smooth your skin, cuticles and nails. Instantly dead skin is exfoliated, nail beds are buffed (without weakening the nails) and pores and fine lines look less defined. Now that's what we call looking polished! \$35/30 minutes. 120 E. Delaware Pl., 312.280.8800, fourseasons.com.

Dysport

Just when you started to seriously contemplate Botox, out comes a new needle to fight Father Time: Dysport, the latest injectable treatment available in the U.S. by pharmaceutical company Medicis, promises (no surprise here) to help diminish fine lines and wrinkles on the forehead. Like Botox, it's made from the bacterium *Clostridium botulinum*, takes about five minutes to administer and costs basically the same amount. But unlike the big B, Dysport's results appear in just two days (lasting up to five months) as opposed to the 10-14 days it can take for muscles to relax with Botox. Translation: It's easier to hide from your husband. Priced upon request at Skin Wellness Center of Chicago, 111 N. Wabash Ave., Ste. 1116, 312.236.9950, skinwellnesscenter.org.

WhiteScience Teeth Whitening

After one too many glasses of pinot, our teeth weren't looking as pearly as our drugstore toothpaste promised. Combat party girl damage with WhiteScience, a treatment that takes just 20 minutes to brighten your choppers by up to four shades. It's pain-free—insert a mouthguard and a blue spectrum light activates the stain-removing peroxide—and harmless to enamel (the FDA-approved product just cleans, not dyes, teeth). Take home the WhitelCE stick, a "lipstick" for your teeth that packs peroxide for daily maintenance. \$199. Exclusively at the Salon at Ulta, 114 S. State St., 312.279.5081, whitescience.com.

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